







LOGAN March Adult Wellness Calendar



For RSVP contact
smackin@logancenter.org
(574) 387-9448

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Please RSVP before attending all events!</p>	<p>2</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Wooden Shamrock Ornaments 4-5 PM @ H&F Gym \$12</p>	<p>3</p> <p>Bingo Night 5-6 PM @ H&F Rec \$12</p> 	<p>4</p> <p>Shamrock Social 5-6 PM @ H&F Rec \$12</p> 	<p>5</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>6</p>	<p>7</p>
<p>8</p>	<p>9</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Shamrock Wreaths 4-5 PM @ H&F Gym \$12</p>	<p>10</p> <p>Self-Advocacy Meeting 11 AM – 12 PM @ LI Cafeteria</p> <p>Move TOGETHER Class 5-6 PM @ H&F Gym \$12</p>	<p>11</p> <p>Barnaby's Nose-On Giveback Night 5-8 PM <i>*Jefferson Location</i></p>	<p>12</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>13</p>	<p>14</p> <p>DTSB St. Patrick's Day Parade</p> <p>Contact Sarah Mackin to find out how you can walk with LOGAN!</p>
<p>15</p>	<p>16</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Shamrock Suncatchers 4-5 PM @ H&F Gym \$12</p>	<p>17</p> <p>St. Patrick's Day Dance 5-6:30 PM @ H&F Gym \$15</p> 	<p>18</p> <p>Movies 14 Hopper in 3D @ 4:15 \$15</p> 	<p>19</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>20</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Flower Coasters 4-5 PM @ H&F Gym \$12</p>	<p>24</p> <p>Five Guys Giveback Night 5-6 PM <i>*Eddy St. Location</i></p>	<p>25</p> <p>Dance Class 5:45 PM @ Forever Dance Studio \$12</p> 	<p>26</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>Bowling @ Parkway Lanes 4-5:30 PM \$7</p> 	<p>30</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Foil Art 4-5 PM @ H&F Gym \$12</p>	<p>31</p>				

Wellness Program Descriptions

Basketball: Learn drills and practice your skills with our basketball instructor.

Barnaby's Nose-On Giveback: Come anytime between 5-8 PM to have dinner at Barnaby's to support LOGAN, All day long, 25% of all sales at the South Bend location will go to LOGAN and 25% of gift card sales before 4PM will go back to LOGAN.

***Please call and order food ahead, even for dine in.**

Address: 713 E Jefferson Blvd, South Bend, IN 46617

Bingo Night: Join friends for a night of playing bingo for prizes!

Bowling: Join us at Parkway Lanes to bowl with friends. It is \$7 including unlimited games and shoe rental for the time we are there. Lanes are limited so RSVP as soon as you can!

Address: 1504 Chestnut St, Mishawaka, IN 46545

Dance Class: We are excited to hold a dance class once a month at Forever Dance Studio in Mishawaka! Clients will be taught a variety of dance styles including Latin, ballroom, swing dance, line dancing, etc.

Address: 4609 Grape Rd d6, Mishawaka, IN 46545

Five Guys Giveback Night: Join us for dinner at Five Guys on Eddy Street for a night out to dinner with friends. Five Guys is giving back 20% of all sales + \$1 for any milkshake to LOGAN.

Address: 1233 N Eddy St Suite 110, South Bend, IN 46617

Logan Dance: Join your friends for a night of laughter and dancing at our monthly LOGAN dance.

Movies 14: Join friends for the movie Hopper in 3D. Please arrive by 4:15p to get concessions.

Address: 910 W Edison Rd, Mishawaka, IN 46545

Move TOGETHER Class: Get ready to move, groove, and have fun! Created and led by the TOGETHER for the Long Run Student Committee, each session of MOVE TOGETHER combines games, music, and dancing to build confidence, teamwork, and energy. Together, we'll learn fun moves and prepare to help lead the big group warm-up at LOGAN TOGETHER for the Long Run 2026 on May 8th!

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

Open to all ages!

Shamrock Shake Social: Make shamrock shakes to enjoy with friends and catch up at our St. Patrick's themed social!

***We take credit/debit card payment, or a check made out to LOGAN at the time of the program. We do not accept cash payment.**