



LOGAN May Children's Wellness Calendar



For Signup contact
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please RSVP at least 24 hours in advance before attending all events!</p>			1	2	3	4
5	<p>6</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!</p>	<p>7</p> <p>Animal Club 4-5 PM @ H&F Barn \$10 *Open to all ages!</p> 	8	9	<p>10</p> <p>Together for the Long Run 6 PM @ St. Joe HS FREE ADMISSION *Must RSVP/Signup ahead of time Client athletes needed!</p>	11
12	<p>13</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!</p>	14	15	<p>16</p> <p>Nature Exploration 4-5 PM @ H&F Gym \$10 *Open to all ages!</p>	17	18
19	<p>20</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!</p>	21	22	23	24	25
26	<p>27</p> <p>Memorial Day No Program</p>	<p>28</p> <p>Animal Club 4-5 PM @ H&F Barn \$10 *Open to all ages!</p> 	29	30	31	

Wellness Program Descriptions

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

***Open to all ages!**

Animal Club: Learn about horses while grooming them. Every session has a different activity with our horses and bunnies.

Nature Exploration: Walk the Hannah and Friends property and afterwards do a fun activity outside.

*Weather Permitting, I will send a cancellation notice by noon day of.

Together for the Long Run: TOGETHER for the Long Run is a non-profit event created to break down the barriers of disabilities, turn “cant's” into “cans”, and bring the community together. It is focused around a track event in which individuals with disabilities are partnered with volunteers and they run in track events.

Sign Up Here: <https://www.togetherforthelongrun.org/participantsignup.html>