

LOGAN September Adult Wellness Calendar



Ages: 15+

For RSVP contact
smackin@logancenter.org
(574) 387-9448

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please RSVP before attending all events! Email: smackin@logancenter.org		1 Dinner at Five Guys Eddy St. 5 PM 	2 Generations Adventure Plex 5-6 PM 	3 Basketball 4-5 PM @ H&F Gym \$12	4	5
6	7 Labor Day: No Programs	8 Self-Advocates Meeting 11 AM @ LI Cafeteria Art Class 5-6 PM @ H&F Rec \$12	9 Karaoke 5-6:30 PM @ H&F Rec \$12 	10 Basketball 4-5 PM @ H&F Gym \$12	11 Fall Bingo for Prizes 5-6 PM @ H&F Rec \$12 	12
13	14 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Snacks & Canvas 4-5 PM @ H&F Gym \$12	15 Practical Magic 2 @ Cinemark Movies 14 4 PM \$10 	16 LOGAN Fall Dance 5- 6:30 PM @ H&F Gym \$12 	17 Basketball 4-5 PM @ H&F Gym \$12	18	19
20 Bowling @ Parkway Lanes 4-5:30 PM \$7 	21 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Wooden Pumpkins 4-5 PM @ H&F Gym \$12	22 Trivia Night 4-5 PM @ H&F Rec \$12 	23 Dance Class @ Forever Dance Studio 5:45-6:30 PM \$12 	24 Basketball 4-5 PM @ H&F Gym \$12	25	26 LOGAN Walk and Roll @ Central Park 8a Visit for more info: logancenter.org/ loganwalkandroll
27	28 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Fall Houses 4-5 PM @ H&F Gym \$12	29 Nature Walk @ St. Patrick's County Park 5-6 PM	30 Animal Club/Wagon Rides 4-5 PM @ H&F Barn \$12			

Wellness Program Descriptions

Animal Club/Wagon Ride: Enjoy a fun wagon ride around the Hannah and Friend's property followed by grooming our horses. This activity is weather dependent, and we will contact if it gets rained out.

Art Class: Attend our fall themed art class to enjoy time with friends and get creative!

Basketball: Learn drills and practice your skills with our basketball instructor.

Bowling at Parkway Lanes: Join us for unlimited bowling for an hour and a half. The price includes ball and shoe rental.

Address: 1504 Chestnut St, Mishawaka, IN 46545

Dance Class: We are excited to hold a dance class once a month at Forever Dance Studio in Mishawaka! Clients will be taught a variety of dance styles including Latin, ballroom, swing dance, line dancing, etc.

Address: 4609 Grape Rd d6, Mishawaka, IN 46545

Dinner at Five Guys: Socialize at one of our favorite food spots for dinner with friends.

Address: 1233 N Eddy St #110, South Bend, IN 46617

Generations AdventurePlex: Play arcade games with us at AdventurePlex. Bring money for gameplay and snacks.

Address: 1018 W Edison Rd, Mishawaka, IN 46545

Karaoke: Have fun singing and dancing to your favorite songs during Karaoke. Pizza will be served for dinner.

LOGAN Dance: Join your friends and have snacks while dancing to your favorite music.

Movies 14: Get ready for the fall season by watching Practical Magic 2 at Movies 14 with your friends.

Address: 910 W Edison Rd, Mishawaka, IN 46545

Nature Walk: Join us at St. Patrick's County Park for a nature walk outside. This activity is weather dependent, and we will contact if it gets rained out.

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

Open to all ages!

Trivia Night: Join us for snacks and a fun night of different themed trivia.

LOGAN Walk and Roll: Scan QR code via phone for more information or visit logancenter.org/loganwalkandroll.



***We take credit/debit card payment, or a check made out to LOGAN at the time of the program. We do not accept cash payment.**