







# LOGAN April Adult Wellness Calendar



For RSVP contact  
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(574) 387-9448

/	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please RSVP before attending all events!</b></p>			<p>1 Karaoke 5-6:30 PM @ H&amp;F Rec \$15</p>	<p>2 Basketball 4-5 PM @ H&amp;F Gym \$12</p>	<p>3</p>	<p>4</p>
<p>5 </p>	<p>6 Open Gym 4-5 PM @ H&amp;F Gym \$12 *Open to all ages!  Spring Painting 4-5 PM @ H&amp;F Gym \$12</p>	<p>7 Self-Advocates Meeting 11 AM @ LI Cafeteria  Super Mario Galaxy @ Movies 14 4:15 PM \$10 </p>	<p>8 Animal Club/Wagon Ride @ H&amp;F Barn 4-5 PM \$12 *Weather dependent for wagon ride</p>	<p>9 Basketball 4-5 PM @ H&amp;F Gym \$12</p>	<p>10</p>	<p>11</p>
<p>12</p>	<p>13 Open Gym 4-5 PM @ H&amp;F Gym \$12 *Open to all ages!  Spring Magnets 4-5 PM @ H&amp;F Gym \$12</p>	<p>14 Move TOGETHER Class 5-6 PM @ H&amp;F Gym *Serving Dinner \$12 </p>	<p>15 SB Cubs Game 6:45 PM \$18 *Limited Tickets </p>	<p>16 Basketball 4-5 PM @ H&amp;F Gym \$12</p>	<p>17</p>	<p>18</p>
<p>19</p>	<p>20 Open Gym 4-5 PM @ H&amp;F Gym \$12 *Open to all ages!  Scratch Art Bookmarks 4-5 PM @ H&amp;F Gym \$12</p>	<p>21 Spring Fling Dance 5-6:30 PM @ H&amp;F Gym \$15 </p>	<p>22 Flower Planters 5-6 PM @ H&amp;F Rec \$15 </p>	<p>23 Basketball 4-5 PM @ H&amp;F Gym \$12</p>	<p>24</p>	<p>25</p>
<p>26 Bowling at Parkway Lanes 4-5:30 PM \$7</p>	<p>27 Open Gym 4-5 PM @ H&amp;F Gym \$12 *Open to all ages!  Flower Tissue Craft 4-5 PM @ H&amp;F Gym \$12</p>	<p>28</p>	<p>29 Dance Class 5:45 PM @ Forever Dance Studio \$12</p>	<p>30 Basketball 4-5 PM @ H&amp;F Gym \$12</p>		

## Wellness Program Descriptions

**Animal Club/Wagon Ride:** Spend time with horses on our Hannah and Friend's property and enjoy a wagon ride around the grounds.

**Basketball:** Learn drills and practice your skills with our basketball instructor.

**Bowling:** Join us at Parkway Lanes to bowl with friends. It is \$7 including unlimited games and shoe rental for the time we are there. Lanes are limited so RSVP as soon as you can!

**Address:** 1504 Chestnut St, Mishawaka, IN 46545

**Dance Class:** We are excited to hold a dance class once a month at Forever Dance Studio in Mishawaka! Clients will be taught a variety of dance styles including Latin, ballroom, swing dance, line dancing, etc.

**Address:** 4609 Grape Rd d6, Mishawaka, IN 46545

**Flower Planters:** Paint your own flowerpot and plant flowers of your choosing inside to take home.

**Karaoke:** Enjoy pizza for dinner and sing your favorite song at karaoke night.

**Logan Dance:** Join your friends for a night of laughter and dancing at our monthly LOGAN dance.

**Movies 14:** Join friends for the Super Mario Galaxy movie. Please arrive by 4:15p to get concessions.

**Address:** 910 W Edison Rd, Mishawaka, IN 46545

**Move TOGETHER Class:** Get ready to move, groove, and have fun! Created and led by the TOGETHER for the Long Run Student Committee, each session of MOVE TOGETHER combines games, music, and dancing to build confidence, teamwork, and energy. Together, we'll learn fun moves and prepare to help lead the big group warm-up at LOGAN TOGETHER for the Long Run 2026 on May 8th!

**Open Gym:** Utilize our gym space with sports, bike riding, dancing, games, etc.

**Open to all ages!**

**SB Cubs Game:** Attend a South Bend Cubs game with your friends. \*Bring extra money for concessions

**Address:** 501 W South St, South Bend, IN 46601

**\*We take credit/debit card payment, or a check made out to LOGAN at the time of the program. We do not accept cash payment.**