






LOGAN January Adult Wellness Calendar



For RSVP contact
 smackin@logancenter.org
 (574) 387-9448

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	Please RSVP before attending all events!					
5	6 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Winter Sensory Bins 4-5 PM @ H&F Gym \$12	7 Karaoke 5-6:30 PM @ H&F Rec \$20 *Pizza for Dinner 	8 2025 Vision Board 5-6 PM @ H&F Rec \$12 	9 Basketball 4-5 PM @ H&F Gym \$12	10	11
12	13 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Game Night 4-5 PM @ H&F Gym \$12	14 Baking Night 5-7 PM @ H&F Rec \$15 	15 Hot Chocolate Social 5-6 PM @ H&F Rec \$12 	16 Basketball 4-5 PM @ H&F Gym \$12	17	18
19	20	21 Self-Advocacy Meeting 11 AM-12 PM @ Logan Industries Dinner with Friends @ Culver's 5-6 PM 933 Location	22 LOGAN Dance 5-7 PM @ H&F Rec \$12 	23 Basketball 4-5 PM @ H&F Gym \$12	24	25
26 Bowling 4-5:30 PM @ Parkway Lanes \$7 *Must RSVP by 1/22	27 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Cozy Snacks Ft. Puppy Chow 4-5 PM @ H&F Gym \$12	28 Art Class 5-6 PM @ H&F Rec \$15 	29 Bingo Night for Prizes! 5-6 PM @ H&F Rec \$12 	30 Basketball 4-5 PM @ H&F Gym \$12	31	

Wellness Program Descriptions

2025 Vision Board: Do you have goals for 2025 you want to set for yourself? Join friends to make a vision board for the new year!

Art Class: Get a chance to practice your art skills with two different projects to complete while socializing with friends.

Basketball: Learn drills and practice your skills with our basketball instructor.

Baking Night: This is a great program to brush up on baking skills! Come hang out with friends while baking and enjoy the treats you make!

Bingo Night: Get a chance to win prizes while having fun playing Bingo with your friends.

Bowling at Parkway Lanes: Meet your friends at Parkway Lanes for bowling and socialization. Bring separate money to order food from the inside café.

Address: 1504 Chestnut St, Mishawaka, IN 46545

Cozy Snacks: Join friends to make puppy chow to take home and enjoy.

Dinner at Culver's: Join friends at Culver's for dinner! Bring your own money to purchase food.

Address: 52733 SR 933, South Bend, IN 46637

Game Night: Join friends for board games and your favorite card games. Some of our favorites are Uno, Skip-Bo, Monopoly, Checkers, etc.

Hot Chocolate Social: Join friends to catch up and make your best cup of hot cocoa with a variety of toppings!

Karaoke: Come and sing your favorite songs after enjoying pizza for dinner.

LOGAN Dance: Dance the night away to your favorite music at LOGAN's monthly dance.

*Chips/Beverages Served

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

Open to all ages!

Winter Sensory Bins: Make a sensory bin to take home and use when you need something to work on those fine motor skills.