

# LOGAN September Wellness Info Calendar



For Signup contact  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Please RSVP before attending all events!</b>					1	2
3	4 <b>LOGAN Closed Labor Day</b>	5 Animal Club 4-5 PM @ H&F Barn \$12  Junior Animal Club 5-6 PM @ H&F Barn \$12 *Ages 5-13	6 Karaoke 5:30-7 PM @ H&F Rec Center \$20 *Pizza for dinner	7 Basketball 5-6 PM @ H&F Gym \$12	8	9 LOGAN Walk and Roll Join us at the Potawatomi Zoo <b>REGISTER at Logancenter.org</b>
10	11 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!  Self-Advocacy Chapter Meeting 5-6 PM @ H&F Rec Center	12 Cooking Class 5-7 @ H&F Rec Center	13 Game Night 5-6 PM @ H&F Rec Center \$12	14 Basketball 5-6 PM @ H&F Gym \$12	15	16
17	18 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!  Leaf Art 4-5 PM @ H&F Gym \$12	19 Animal Club 4-5 PM @ H&F Barn \$12  Junior Animal Club 5-6 PM @ H&F Barn \$12 *Ages 5-13	20 LOGAN Dance 5-7PM @ H&F Gym \$12 *Snacks/Beverages	21 Basketball 5-6 PM @ H&F Gym \$12	22	23
24 Bowling @Parkway Lanes \$7 Per Person w/Shoes 4-5:30 PM  **RSVP by 9/18/23	25 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages!  Bubble Art 4-5 PM @ H&F Gym \$12	26 Chick-Fil-A Portage Dinner with Friends 5-6PM  *Bring money for dinner!	27 Bonfire & S'mores Night 5:30-7 PM @ H&F \$15 *Weather Dependent	28 Basketball 5-6 PM @ H&F Gym \$12	29/29	30

**Chick-Fil-A:** 3703 Portage Rd. South Bend IN 46628

**Parkway Lanes:** 1504 Chestnut St, Mishawaka, IN 46545

## Wellness Program Descriptions

**Open Gym:** Utilize our gym space with sports, bike riding, dancing, games, etc.

**Animal Club:** Join us to learn about our barn animals, enjoy grooming and give treats to our furry friends!

**(Junior Animal Club ages 5-13)**

**We decided to start offering another program on Monday's besides Open Gym!**

**Leaf Art:** Learn techniques for making fun art with leaves. Come socialize with friends, while being creative!

**Bubble Art:** Learn techniques for making fun art with bubbles. Come socialize with friends, while being creative!

**Karaoke:** Look up your favorite songs and sing along with new friends, while enjoying pizza for dinner.

**Basketball:** Learn drills and practice your skills with our basketball instructor.

**Cooking Class:** Learn cooking skills while making dinner/dessert with your friends.

**Game Night:** Come and play games like Uno, Monopoly, Life, etc. while hanging out with friends.

**LOGAN Dance:** Dance the night away with friends in our huge gym space. Request your favorite songs and sing along.

**Chick-Fil-A Night:** Meet at the Portage Chick-Fil-A for dinner with friends.

**Bonfire and S'mores:** Come enjoy S'mores by the fire with two bonfire pits, music, and games.

**Bowling at Parkway Lanes:** Meet your friends at Parkway Lanes for bowling and socialization. Bring separate money to order food from the inside café.

**SAI Chapter Meeting:** A group of citizens with disabilities who work together to affect positive change in their community and their lives.