










LOGAN January Adult Wellness Calendar



For RSVP contact
smackin@logancenter.org
(574) 387-9448

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please RSVP before attending all events!</p>				1	2	3
4	<p>5</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Winter Painting 4-5 PM @ H&F Gym \$12</p>	<p>6</p> <p>SpongeBob Movie 5 PM @ Movies 14 \$9</p> 	<p>7</p> <p>Howard Park Ice Skating 4-5:30 PM \$5</p> 	<p>8</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	9	10
11	<p>12</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Game Night 4-5 PM @ H&F Gym \$12</p>	<p>13</p> <p>Self-Advocacy Meeting 11 AM – 12 PM @ LI Cafeteria</p> <p>Dinner at Culvers on 933 5-6 PM</p>	<p>14</p> <p>Bowling @ Joey Armadillos 5 PM \$4 Shoe Rental \$6 for two games</p> 	<p>15</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>16</p> <p>Friday Unwind 5-6 PM @ H&F Rec \$12</p> 	17
18	19	<p>20</p> <p>Bingo Night 4-5 PM @ H&F Rec Center \$12</p> 	<p>21</p> <p>Move TOGETHER Class 5-6 PM @ H&F Gym \$12</p> 	<p>22</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	<p>23</p> <p>Cookies and Canvas 5-6 PM @ H&F Rec \$15</p> 	24
25	<p>26</p> <p>Open Gym 4-5 PM @ H&F Gym \$12 <i>*Open to all ages!</i></p> <p>Painted trinket Boxes 4-5 PM @ H&F Gym \$12</p>	<p>27</p> <p>Mega Play 5-6 PM <i>*Bring money for games</i></p> 	<p>28</p> <p>LOGAN Dance 5-7 PM @ H&F Gym \$12</p> 	<p>29</p> <p>Basketball 4-5 PM @ H&F Gym \$12</p>	30	31

Wellness Program Descriptions

Basketball: Learn drills and practice your skills with our basketball instructor.

Bingo Night: Play bingo with friends to win fun prizes!

Bowling: Join us at Joey Armadillos to bowl with friends. LOGAN will only bowl two games, our end time depends on finishing those games (if you want to bowl more that is up to you, but staff will leave after two games). It is \$4 for shoe rental and \$6 for the two games. Lanes are limited so RSVP as soon as you can!

Address: 2732 S 11th St, Niles, MI 49120

Cookies and Canvas: Enjoy cookies while following step by step instructions to paint the Northern Lights.

Culver's: Join us at Culver's on 933 for a night out to have dinner with friends.

Address: 52733 State Hwy 933, South Bend, IN 46637

Friday Unwind: End the week with a hang out session with friends while journaling and enjoying snacks.

Ice Skating: Join us at Howard Park to have fun ice skating with friends! There are trainers available for those who may be unsteady.

Address: 219 S St Louis Blvd, South Bend, IN 46617

Logan Dance: Join your friends for a night of laughter and dancing at our monthly LOGAN dance.

Mega Play: Enjoy fun arcade games with friends at Mega Play. ***Bring additional money for concessions.**

Address: 2500 Miracle Lane D, Mishawaka, IN 46545

Move TOGETHER Class: Get ready to move, groove, and have fun! Created and led by the TOGETHER for the Long Run Student Committee, each session of MOVE TOGETHER combines games, music, and dancing to build confidence, teamwork, and energy. Together, we'll learn fun moves and prepare to help lead the big group warm-up at LOGAN TOGETHER for the Long Run 2026 on May 8th!

Movies 14: Join your friends for SpongeBob the Movie at Cinemark Movies 14! ***Bring additional money for concessions.**

Address: 910 W Edison Rd, Mishawaka, IN 46545

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

Open to all ages!

***We take credit/debit card payment, or a check made out to LOGAN at the time of the program. We do not carry change for cash payment, so please try to avoid paying with cash!**