

# LOGAN September Adult Wellness Calendar



For RSVP contact  
 smackin@logancenter.org  
 (574) 876-0480

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
<b>Please RSVP before attending all events!</b>	<b>Labor Day No Programs</b>		Movie on the BIG Screen 5-7 PM @ H&F Rec \$12	Basketball 4-5 PM @ H&F Gym \$12		
8	9	10	11	12	13	14
Lunch at Five Guys Eddy St. 1-2 PM	Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! DIY Stress Balls 4-5 PM @ H&F Gym \$12	Bonfire and S'mores 5-6:30 PM @ H&F \$12 *Weather Dependent	Autumn Picnic 5-6 PM @ Central Park \$15 *Weather Dependent	Basketball 4-5 PM @ H&F Gym \$12		LOGAN Walk & Roll 7:30 AM @ Potawatomi Zoo <b>**Register online</b>
15	16	17	18	19	20	21
	Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Bean Mosaic Craft 4-5 PM @ H&F Gym \$12	LOGAN Dance 5-7 PM @ H&F Gym \$12 	Karaoke 5-6:30 PM @ H&F Rec Center \$20 *Pizza for Dinner 	Basketball 4-5 PM @ H&F Gym \$12		
22	23	24	25	26	27	28
Bowling 4-5:30 PM @ Parkway Lanes \$7 <b>*Must RSVP by 9/16</b>	Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Sharpie Alcohol Coasters 4-5 PM @ H&F Gym \$12	Self-Advocacy Meeting 11 AM - 12 PM @ Logan Industries Cafeteria Dinner at Culver's on 933 5-6 PM	Art Class 5-6 PM @ H&F Rec \$15 	Basketball 4-5 PM @ H&F Gym \$12		
29	30					
	Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Game Night 4-5 PM @ H&F Gym \$12					

## Wellness Program Descriptions

**Art Class:** Have fun creating a fun art project with your friends to take home.

**Autumn Picnic:** Enjoy a nice picnic at Central Park under the pavilion. After we eat you can enjoy a nature walk down the riverside.

**Address:** 295 E Mishawaka Ave, Mishawaka, IN 46545

**\*If it rains, we will let you know if the program is canceled by noon day of via email.**

**Basketball:** Learn drills and practice your skills with our basketball instructor.

**Bonfire and S'mores:** Enjoy music around a bonfire and make s'mores with your friends.

**\*If it rains, we will let you know if the program is canceled by noon day of via email.**

**Bowling at Parkway Lanes:** Meet your friends at Parkway Lanes for bowling and socialization. Bring separate money to order food from the inside café.

**Address:** 1504 Chestnut St, Mishawaka, IN 46545

**Dinner at Culvers:** Join your friends at Culver's restaurant for dinner!

**Address:** 52733 State Hwy 933, South Bend, IN 46637

**Game Night:** Enjoy having the option of different board games to play with friends. Some of our favorites are Apples to Apples, Uno, Battleship, etc.

**Karaoke:** Come and sing your favorite songs with your friends after enjoying pizza for dinner.

**LOGAN Dance:** Dance the night away to your favorite music at LOGAN's monthly dance.

\*Chips/Beverages Served

**LOGAN Walk and Roll:** Register online at [www.logancenter.org/loganwalkandroll](http://www.logancenter.org/loganwalkandroll)

**Lunch at Culvers:** Meet at the Culvers on 933 with friends and enjoy lunch together.

**Address:** 52733 State Hwy 933, South Bend, IN 46637

**Movie on the BIG Screen:** Using our big screen projector we take a group vote of a movie to watch while enjoying snacks and socializing.

**Open Gym:** Utilize our gym space with sports, bike riding, dancing, games, etc.

**Open to all ages!**